

2026 SPRING CONFERENCE SCHEDULE

FRIDAY, MARCH 20

7:30 AM - Registration Opens -PTA SIG Meeting

Professional Track

8:30-10:30 (0.2 CEUs)

Elevate Your Career: Dynamic Strategies for Professional Development in Physical Therapy
Dr. Ron Barredo PT, DPT, EdD, MA, FAPTA, FACHE, FNAP

10:45-11:45 (0.1 CEUs)

Maximizing the Value of the Medical Biller: It's About Time!
Bob Kowalick

12:45-2:45 (0.2 CEUs)

Leadership for Everyone
Dr. Joe Black PT, DPT, SCS, ATC
Dr. Alan Meade PT, DScPT, MPH

3:00-5:00 (0.2 CEUs)

The Importance of an Existential Lens in Treating Patients with Chronic or Identity-Disrupting Pain
Dr. Alivia Stehilc PT, DPT
Dr. Emma Smith PhD, LPC, CST, CCTP

11:45-12:45 - Lunch -District Chair Committee Meeting

Specialty Track

8:30 AM - 11:30 AM (0.3 CEUs)

Bridging Cultural Gaps: How to Use the Health Belief Model to Improve Practice
Dr. Patricia King PT, PhD, FAAOMPT, FAPTA

12:45 PM -5:00 PM (0.4 CEUs)

Muscles Are Friends: A Clinician-Friendly Approach to Screening and Integrating Pelvic Floor Muscle Function
Dr. Marsha Bowman PT, DPT, WCS, BCB-PMD

Student Track

8:00 AM - 5:00 PM

NPTEFF Student Board Review

5:00 PM

Awards Ceremony

Join us for a ceremony honoring our award winners with drinks and appetizers

7:00 PM Legislative Committee Meeting (15 minutes)

2026 SPRING CONFERENCE SCHEDULE

SATURDAY, MARCH 21

7:30 AM - Registration Opens
-Delegate Committee Meeting
-TNCAPT Meeting

General Session

8:30 AM - 9:30 AM (0.1 CEU)

Eat, Drink, Sleep, and Be Merry: Lifestyle Medicine
and Physical Therapy

Dr. Derek Charles PT, DPT, EdD

9:30 AM - 11:30 AM (0.2 CEUs)

Navigating Change in 2026: Local and National Updates In
Physical Therapy That Affect Us

*Dr. Jody Swearingen DPT, OCS, STC, COMT, CHP
President, Tennessee Chapter of the APTA*

11:30 AM - 12:00 PM

Exhibitor Bingo and Poster Presentation

**12:00-1:00 Chapter Business
Meeting and Lunch**

Professional Track

1:15 PM - 5:30 PM (0.4 CEU)

Manual Therapy Must Haves: The Tips, Tools, and
Techniques I "Won't Leave Home Without"

Dr. Patricia King PT, PhD, FAAOMPT, FAPTA

Ethics & Jurisprudence Track

1:15 PM - 5:30 PM (0.4 CEUs)

Ethics in Physical Therapy Practice &
Jurisprudence - The Legal Basis of Physical
Therapy Practice

*Alan Meade, PT, DScPT, MPH
Jane David, PT, DPT, MS*